

Kidz Korner Childcare Learning Center

Revised March 2017

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Rice Krispies w/ milk	Yogurt Animal crackers Water	Graham crackers String cheese Water	Nutrigrain bar Seasonal fruit Water	Mini bagel w/ cream cheese 100% Juice
Pizza Pineapple Milk	Turkey & swiss cheese On whole wheat bread Apple slices Milk	Chicken nuggets Mashed potatoes Dinner roll Mandarin oranges Milk	Macaroni & cheese Broccoli Pears Milk	Cheese tortellini w/ butter Broccoli Mixed fruit Milk
Carrot sticks Hummus or dill cheese dip or ranch dressing Water	Giant goldfish grahams Applesauce Water	Trail mix 100% Juice	Cinnamon quesadillas Apple slices Water	Crepes w/ fruited yogurt Water

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Cheerios w/ milk	Teddy grahams Mandarin oranges Water	Whole grain muffins Seasonal fruit Water	Yogurt Seasonal fruit Water	Pancakes Applesauce Water
Pizza Pears Milk	Turkey franks w/ roll Potato smiles Mixed fruit Milk	Grilled cheese on wheat Tomato soup Pears Milk	Chicken breast patties w/ hamburger roll Carrots Apple slices Milk	Fish sticks Dinner roll Corn Pineapple Milk
Goldfish 100% Juice	Yogurt Seasonal fruit 100% Juice	Trail Mix 100% Juice	Ritz crackers w/cream cheese & jelly 100% Juice	Veggies Hummus or dill cheese dip or ranch dressing Water

** 1% milk is served to children 18 months or older.

I give my consent for my child to eat any item on this menu.

Child's Name

Parent's Name

Parent's Signature

Date

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Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Chex cereal w/ milk	Pancakes Applesauce Water	Cheez-its Seasonal fruit Water	Yogurt Animal crackers 100% Juice	Mini bagel w/ cream cheese 100% Juice
Lasagna ~ meat & cheese Broccoli Pears Milk	Chicken nuggets Mashed potatoes Dinner roll Mixed fruit Milk	Pizza Pineapple Milk	Cheese tortellini w/ butter Broccoli Mixed fruit Milk	Penne, broccoli, chicken & cheese sauce Peaches Milk
Goldfish Mandarin oranges Water	Crepes w/ fruited yogurt Water	Muffin 100% Juice	Crackers String cheese Water	Nutragrain bar Water

Week 4

Monday	Tuesday	Wednesday	Thursday	Friday
Kix cereal w/ milk	Saltines w/ cream cheese & jelly 100% Juice	String cheese Seasonal fruit Water	Teddy grahams Applesauce Water	Whole grain waffle sticks w/ cream cheese & jelly 100% Juice
Turkey franks w/ roll Potato smiles Mixed fruit Milk	Chicken breast patties w/ hamburger roll Corn Mandarin oranges Milk	Goulash w/ penne Apple slices Milk	Pizza Pears Milk	Fish sticks Dinner roll Corn Pineapple Milk
Nilla wafers Pears Water	Muffin Water	Goldfish 100% Juice	Yogurt Apple slices 100% Juice	String cheese Cracker Water

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I give my consent for my child to eat any item on this menu.

Child's Name

Parent's Name

Parent's Signature

Date